

## The art of disruptive thinking

90-minute virtual session

In a rapidly changing world, organisations need disruptive thinkers — people who can challenge assumptions, spot new opportunities, and drive innovation.

Disruptive thinking isn't about being reckless; it's about being courageous, creative, and strategic.

This practical session helps participants develop the mindset and skills needed to think differently, challenge the status quo, and create positive disruption in their roles and organisations.

### Learning objectives

- Understand what disruptive thinking is (and isn't)
- Recognise the value of challenging assumptions and conventional wisdom
- Explore techniques to stimulate creative and disruptive ideas
- Build confidence in questioning, experimenting, and taking calculated risks
- Develop an action plan to apply disruptive thinking in your role

### Session format

Sessions are usually run on Zoom or Teams. Please let us know if you prefer a different platform.

Groups of up to 12 recommended, up to 20 if necessary. Please let us know if you have a larger group and we can tweak the session accordingly.

All participants receive a PDF of the slides, key learning points and pointers to further learning resources.

### Sample timetable

<b>9:00</b>	<b>Welcome and introduction</b> <ul style="list-style-type: none"><li>• Why disruptive thinking matters now more than ever</li></ul>
<b>9:15</b>	<b>What is disruptive thinking?</b> <ul style="list-style-type: none"><li>• Definitions</li><li>• Examples</li><li>• Myths</li></ul>
<b>9:30</b>	<b>Tools for disruption</b> <ul style="list-style-type: none"><li>• Practical techniques to challenge assumptions and generate new ideas</li></ul>
<b>9:50</b>	<b>Building a disruptive mindset</b> <ul style="list-style-type: none"><li>• Managing risk</li><li>• Handling resistance</li><li>• Creating safe-to-challenge cultures</li></ul>
<b>10:10</b>	<b>Action planning</b> <ul style="list-style-type: none"><li>• Choosing one area where you can apply disruptive thinking in your role</li></ul>
<b>10:25</b>	<b>Key takeaways</b>
<b>10:30</b>	<b>Close</b>