

## Managing and delivering change

*A 90-minute virtual workshop*

Change is a given in any organisation today. You can choose to lead it, go along with it, or ignore it – but the last of these options is not a route to success.

The best approach is to be positive and proactive, whether that's in a context of organisation-wide strategic-level transformational change, or whether it's a question of making changes within the areas of the organisation that are within your direct control.

This engaging and interactive bite-sized workshop will take you on a journey exploring your role in driving and supporting change, the impact of change on the human brain, and the steps needed to bring about successful change.

### Learning objectives

By the end of the session, you will be able to:

- Understand your role as a manager and leader in driving and supporting change
- Understand the impact of change on humans and their emotions and how to manage your state
- Use a model of change to help you act on implementing change
- Find ways to gain buy in from others that are collaborative and inclusive
- Have an action plan

### Audience

This session is appropriate to managers at all levels across the public sector.

### Format

A practical 90-minute virtual workshop for a group of up to 12 people.

### The expert trainer

[Amanda Dudman](#) is an extremely popular trainer, facilitator, coach and consultant with an in-depth understanding of what it means to work in the public and VCSE sectors.

### Session overview

#### 1 Welcome, agenda and introduction

- What's the leader's role in change?
- How to manage change
- Being able to manage change is essential for career success

#### 2 The change curve

- Introduction to the change curve model

#### 3 Change in action

- Practical case study discussion exploring a series of change scenarios
- How to manage your emotions and state

#### 4 Empowering others

- Getting buy-in to ideas from your teams by encouraging them to 'own' the change
- Introduction to Kai-zen and the power of marginal gains
- How to empower your team to achieve change objectives
- Challenging the status quo

#### 5 Action plans and next steps

- Reflection on next steps
- How you will implement your learning in the workplace
- A commitment for what you will do differently