

Expert coach profile – Mythily Bhageerutty

Overview



Mythily provides expert one-to-one coaching for talented individuals who want achieve their full potential and get results that have maximum impact. Building on 15 years of leadership experience, Mythily has worked in Government as a Senior Advisor in Strategy, a Private Secretary to the Minister of Criminal Justice and a Leadership Coach to Senior Management and Board. She has worked with hundreds of clients across a range of industries, disciplines and countries. Through coaching she invites you to rediscover your deepest values and demonstrate them with practical action.

‘Mythily is a brilliant coach who listened and provide unbiased feedback. She encouraged me to think about things that would help me in my career and position myself in the best way I could. A professional coach has proven invaluable, it has given me a huge amount of confidence I would not have found elsewhere. Having a person dedicated to guiding and coaching you though a very personal and unique set of circumstances is an amazing resource and help. There is no one else who can really give you the time to listen and just see your perspective, as others who have been through similar experiences often have pre-determined views and opinions that they, with the best intentions mostly, try to encourage you to see. Whereas Mythily was completely objective, and our sessions were dedicated to helping me find my feet and giving me my voice.’

Areas of expertise include:

- Career progression
- Work life balance
- Confidence

Clients include:

- Novartis
- Legal & General
- Kingsley Napley
- HSBC
- Goldman Sachs
- Credit Suisse
- Sky
- Archer Daniels Midland
- Fujitsu Global
- Trainline
- Imperial College London
- Pacific Life

Qualifications include:

- International Coach Federation Accredited (PCC) and Member
- NLP Master Practitioner Certificate
- Level 4 BTEC Training the trainer
- Assessor of Institute of Leadership and Management Coaching and Mentoring Qualification
- Prince 2 Practitioner
- Accredited Mediator

Mythily is based in London.