

Consultant profile – Lisa Esposito-Maffei

Overview



Lisa is a Chartered Member of the CIPD with several years' practical HR experience.

She is commercially focused with a proven track record in providing high quality, professional advice to large corporates and SMEs alike.

She has expertise in Mental Health Awareness, employee wellbeing, HR strategy, policy drafting, consultation and implementation, talent management, absence and performance management, and HR audit.

A qualified Mental Health First Aider, Lisa's passion lies in upskilling managers, leaders and HR professionals in Mental Health Awareness, increasing wellbeing and resilience, and employee engagement.

Key areas of expertise

Advice and support on:

- Mental Health Awareness
- Employee wellbeing
- HR training
- Employee engagement
- HR strategy
- Generalist support for SMEs
- Employee relations
- Coaching skills
- HR toolkits
- Consultation and implementation
- Talent management
- Absence management
- Appraisals and performance management
- Organisational change

Career highlights

Before launching her own consultancy practice in 2019, Lisa built over 12 years' work experience, working as a standalone HR Manager in a local hospice within the Charity sector, and prior to that, as a standalone HR Manager in a unionised environment for an engineering company with circa 250 employees.

Qualifications, training and professional memberships

- CIPD Level 7 in Human Resource Management
- Chartered Member of the Chartered Institute of Personnel and Development (MCIPD)
- MHFA England Instructor Adult and Youth
- WRAW (Workplace Resilience and Wellbeing) Master Practitioner
- ICF Trained Coach