

# THE MAXIMUM PERFORMANCE PUBLIC SERVICE MANAGER PROGRAMME

## MODULES IN DETAIL

### MODULE 1

MANAGING AND LEADING DAY TO DAY

#### The role of the manager and creating my development plan

*Programme outline*

09.30 **Welcome, introductions, housekeeping**

Objectives

Connect with your peer learners

10.00 **Setting the scene and creating expectations - introducing the programme**

Finding your energy and purposefulness

Expectations and ways of working together

10.30 **The role of the manager #1:** present your personal shield

**11.00 Break**

11.15 **The role of the manager #2:** group activity and presentation in plenary

11.45 **My personal development plan**

Creating your personal development plan for the programme

**Peer to peer**

Starting as we mean to go on. Introducing peer to peer learning and using it to discuss your plan

12.30 **Close**

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### MODULE 2

MANAGING AND LEADING DAY TO DAY

#### Managing in the VUCA environment

*Programme outline*

13.30 **Welcome back and warming up**

**What is VUCA?**

- Understanding the different elements of VUCA and its impact

### **Mini teach in and group discussions**

- Exploring the impact on managing and leading in a VUCA environment: the consequences for you as a manager

#### **15.00 Break**

#### **15.15 VUCA Insights**

Teach in: the VUCA Insights model

Using the model to formulate your ideas for managing and leading your team: peer group activity

#### **16.10 Peer review**

#### **Action planning**

#### **16.30 Close**

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## **MODULE 3**

### PERSONAL TOOLS FOR MANAGING IN YOUR ENVIRONMENT

#### **Stress and time management**

##### *Programme outline*

#### **09.30 Welcome, introductions and objectives**

Catch up time – peer review

#### **10.00 What's in your stress container?**

#### **10.15 Let's talk about stress and pressure**

- Stress – its sources and effects on you
  - Is it stress or pressure?
  - Defining stress, its signs and symptoms: the positives and negatives
- Tips for approaches to managing stress levels

#### **11.00 Break**

#### **11.15 Time thieves and taking some time back**

Activity using the results of the pre-workshop questionnaire

Time hacks and cultivating good habits – typically there's a choice on what we hack from this list:

- emails
- dealing with interruptions
- find your multipliers
- quick hacks and applications

#### **12.10 Review and action planning**

#### **12.30 Close**

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## MODULE 4

### PERSONAL TOOLS FOR MANAGING IN YOUR ENVIRONMENT

#### Remote and agile working

##### *Programme outline*

13.30 **Welcome, objectives, introductions; where are we now?**

13.40 **The 'Agile World'**

- What is involved in flexible and mobile working?
- What are the benefits?

Trainer input, group task and discussion

14.00 **Challenges, WoWs and delivering the benefits – the ROWE reality – managing and measuring performance to outcomes**

- What are the challenges for you and your team?
- How they will be resolved with the resources available

Exercise and discussion

**15.00 Break**

15.10 **Shifting mindsets through key management actions**

- Looking at trust, empowerment, delegation and communication to support people in the virtual work space
- Addressing my style and what I need to work on to achieve this
- Modelling “agile” as an umbrella for thinking and managing more effectively
- Hints, tips and ideas

Group task and exercise, discussion and trainer input

16.10 **Review and action planning**

16.30 **Close**

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## MODULE 5

### IMPROVING PERFORMANCE

#### Supporting and developing people

##### *Programme outline*

09.30 **Welcome and introductions**

Objectives

09.35 **Personal objectives task**

09.55 **How do you learn?**

Exploring preferred learning styles and different ways adults learn  
The impact on work

Group activities and discussion, using pre-workshop task results

Team brainstorm – approaches to learning

**11.00 Break**

11.15 **The role and responsibilities of the manager in developing staff**

The significance and importance of supporting and developing people as a manager

How do you do it? Identifying learning needs – process and practice

Group task followed by feedback and plenary

- 11.50 **Principles and process in practice**  
Conducting an effective 1-2-1 about development  
Recording and agreeing a learning and development plan
- 12.15 **Peer to peer review**  
Identifying your actions together  
Review
- 12.30 **Close**
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## **MODULE 6**

IMPROVING PERFORMANCE

### **Enabling accountability and responsibility**

*Programme outline*

- 13.30 **Welcome back**  
Objectives
- 13.45 **What is being accountable and responsible?**  
How are you accountable?
- 14.15 **The accountability ladder**  
Activity and discussion  
How to use the ladder of accountability to promote taking responsibility at work with team members
- 15.00 Break**
- 15.15 **DEAL – a structured approach to holding an accountability discussion**  
Planning for a discussion using DEAL  
Peer practice using the DEAL framework
- 16.10 Review  
Action planning
- 16.30 **Close**
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## MODULE 7

### HONEST CONVERSATIONS

#### **Holding honest conversations: providing feedback, managing challenging discussions and dealing with conflict**

##### *Programme outline*

- 09.30 **Welcome and outline of the day**  
Objectives, including personal objectives
- 09.45 **Your honest conversation challenges**  
Experiences and challenges for holding difficult conversations.  
What is an honest conversation?  
Consequences and benefits for the individual, Manager and the organisation.
- 10.00 **Building the relationship**  
Using your pre-workshop task to understand where to focus a 1-2-1 meeting in an honest conversation  
Feedback – some exercises that explore providing and receiving feedback  
What are the key skills you need to be a great feedback provider?  
Observations and inferences
- 11.00 Morning break**
- 11.15 **Providing and receiving feedback**  
Constructing skilled feedback  
Learning and practising a feedback model, followed by debrief and plenary
- 12:00 **Dealing with challenging people**  
Managing challenging and difficult conversations better  
Sharing ideas and practice tips in peer groups.
- 12.30 **Listening and rapport**  
Improving your skill and confidence in holding honest conversations starts with polishing your listening and rapport building skills.
- 12.45 Lunch break**
- 13.30 **The Emotional Bank Account**  
Exercise and discussion on a strategy for achieving the right result with different individuals
- 14.30 **Fierce conversations**  
What are they and how to hold one successfully!
- 15.00 Afternoon break**
- 15.15 **Dealing with conflict in a conversation**  
Understanding the conflict curve, how and when to deal with conflict when it arises  
Group task – devising productive responses to typical scenarios shared in the session  
Feedback and review in plenary  
Tips, ideas and guidance
- 16.15 **Review**  
Review of the day  
Action planning
- 16.30 **Close**

## MODULE 8

### DEVELOPING AND IMPLEMENTING AN ENTERPRISING APPROACH

#### Developing entrepreneurial thinking

##### *Programme outline*

09:30 **Welcome and introductions**

09:45 **What is entrepreneurship?**

- Exploring the link between entrepreneurship and innovation
- Looking at what they mean in the context of the public sector and their role
- Looking at different types of innovation
- How they help to solve challenges the public sector is facing
- The manager's role in facilitating them

10:15 **Why is entrepreneurship important and where do organisations innovate?**

This session will look at the benefits of an entrepreneurial approach as:

- an individual leader
- manager
- for the organisation

The main areas within your organisation where entrepreneurial thinking occurs

What it is focused on

What challenges are currently not being looked at with an entrepreneurial mind-set

Public sector and private case studies:

- How an innovative, entrepreneurial approach has created value from a reduced resource base
- Applying this thinking to your role

**11:00 Break**

11:15 **Challenge focused innovation**

How entrepreneurial methodologies are used to solve typical business challenges

The main challenges facing your organisation or area of operation

Thinking in a different way

Creating different solutions

Apply this thinking to real challenges

Creating an action plan

12:45 **Close**

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## MODULE 9

### DEVELOPING AND IMPLEMENTING AN ENTERPRISING APPROACH

#### Creating a culture of entrepreneurial thinking at work

##### *Programme outline*

13:30 **Creating a culture of entrepreneurial thinking**

How to create a culture of innovation and entrepreneurship within the organisation and area of operation

The behaviours you need to exhibit as leaders to encourage the development of this culture

The systems and processes you need to put in place

Organisational barriers you will need to overcome

**14:45 Break**

- 15:00 **Practice Entrepreneurial Thinking**  
Your own ability to think differently and entrepreneurially  
Tools and techniques for thinking
- 15:45 **Imaginative ways of using resources**  
Real world situations  
The challenges you face  
Exploring how resources could be used differently  
'Critical Success Factors' and 'Core Competencies'
- 16:15 **Action planning**
- 16:30 **Close**
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## MODULE 10

### MOTIVATION AND ENGAGEMENT

#### Better motivation at work

##### *Programme outline*

- 09.30 **Welcome, objectives**  
What's your motivation? The two minute motivator task.
- 09.45 **Defining motivation**  
Defining motivation and the indicators for when it's there and not there.  
Intrinsic vs Extrinsic motivation
- 10.30 **Exploring some motivation thinking**  
Motivation team task  
Motivation plan: using the learning to apply back at work with a team member
- 11.00 Break**
- 11.15 **Skill or Will?**  
Mapping your team's motivation.  
Finding the right approach from the skill/will matrix for motivating team members.  
*You will be able to, having participated in this exercise, take it away to run with your team.*
- 12.00 **Review and planning for motivation at work**  
Action Planning
- 12.30 **Close**
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## MODULE 11

### MOTIVATION AND ENGAGEMENT

#### Managing for engagement and resilience

##### *Programme outline*

- 13.30 **Welcome back**

Objectives

What's your engagement and well being challenge?

13.45 **Engagement**

What is it and why is it important?

Linking engagement to wellbeing

An organisational model of engagement that supports well being.

Group task and discussion, followed by feedback and conclusions.

14.30 **Commitment versus compliance**

A model for managing engagement during change.

**15.00 Break**

15.15 **Activities that support resilience**

Tools, ideas and techniques for resilience and wellbeing.

16.15 **Review**

Action planning

16.30 **Close**

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## MODULE 12

LEADING AND MANAGING STRATEGICALLY

### Coaching skills

*Programme outline*

09.30 **Welcome**

Objectives

Peer to peer review

09.50 **The attributes, skills and behaviours of a good coach**

Group brainstorm and conclusions in plenary

Summing up the role of the coach

10.20 **A framework for coaching: introduction to a coaching model (the coaching spectrum)**

Exploring the core skills together – a series of short activities and practice.

**11.00 Break**

11.15 **Tackling a scenario – learning by doing: coaching each other**

- being non directive (not giving answers or advice)

- using higher levels of listening (active and global)

Practice your coaching skills, with feedback

12.15 **Review of learning**

12.30 **Close**

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## MODULE 13

### LEADING AND MANAGING STRATEGICALLY

#### The leader's shadow

##### *Programme outline*

- 13.30 **Welcome back**  
Objectives
- 13.45 **Finding your values**  
Understanding your impact  
Group activity
- 14.30 **My shadow: how I impact on others – building self awareness and self management into my day to day work as a manager**
- 15.00 Break**
- 15.15 **The leader's shadow: what I say, what I prioritise, how I act, how I measure**  
Peer coaching activity
- 16.10 **Learning review**  
Action planning
- 16.30 **Close**
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## MODULE 14

### COMMERCIAL SKILLS

#### Commercial awareness in the public sector

##### *Programme outline*

- 09.30 **Welcome and Introductions**
- 09:40 **What is commercial thinking?**  
Understand what it means to be a commercial thinker – the skills and mind set  
Exercises and discussion
- 10:10 **Identifying commercial objectives**  
How to identify your key commercial objectives and prioritise strategically – learning and trying out two planning tools: PESTLE and Resource and Competency Matrix  
Group exercises
- 10:45 Coffee break**
- 11:00 **Develop a strategic focus**  
The Ansoff Matrix – learning and using a tool to provide an intentional and focused approach to business development opportunities
- 11:45 **Focusing on your customers**  
Understanding your customers and the differences they have – customer segmentation.  
Exercise – applying the principles to your role and service area
- 12:45 Lunch break**

13:30 **The competitive market place**

Understanding the competitive forces at play: different types of competition and identifying who your competitors are

Exercise: using Porters 5 Forces model to analyse your competitive environment

Exploring tender and bidding situations: how to identify and use 'winning themes' to successfully win contracts

**14:30 Tea break**

14.45 **Positioning**

Input and group discussion – how to occupy the right place in the market for success: understanding brand and developing the correct pricing strategy

15.30 **Business development**

Learning and applying some practical tools for successful business development

16:15 **Review**

Action plan

16:30 **Close**

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## MODULE 15

THE POLITICAL DIMENSION AND WRAPPING IT ALL UP

### Working in a political environment

*Programme outline*

09.30 **Welcome, objectives**

What's the current political landscape like?

Setting the scene

09.50 **Communicating with elected members**

Understanding their motivations

Small group exercise followed by feedback and input in plenary

10.10 **The political structure where you work – compare and contrast: group activity**

Expert input: political roles and responsibilities

10.30 **Using your Member Officer Relationship Protocol**

Discussion activity – ideas for action

**11.00 Break**

11.15 **The importance of keeping Councillors informed and how to make it effective – improving your influence skills**

- Approaches to influencing
- The five influencing styles
- Producing an influencing plan

12.15 **Review**

Action planning

12.30 **Close**

## MODULE 16

THE POLITICAL DIMENSION AND WRAPPING IT ALL UP

### Programme review and producing your forward action plan

*Programme outline*

13.30 **Welcome back**

Objectives and final session overview

13.45 **Reviewing activities**

A personal, group and peer review of all the modules and your personal learning and development outcomes

Activity: reviewing and updating your development plan

**15.00 Break**

15.15 **Call to action: your future development as a manager**

Create your new action plan to take away

Closing activity

16.30 **Programme close and goodbyes**



### Maximum Performance

23 The Foresters | Burgundy House | High Street

Harpenden | Hertfordshire | AL5 2FB

[www.maximumperformance.co.uk](http://www.maximumperformance.co.uk)

**01582 463460**