

Peak performance – get the best out of your team

90-minute webinar

High-performing teams improve productivity and efficiency and lead to increased employee engagement. When people work well together they are able to use all their varying strengths to achieve success. It takes a self-aware and effective manager to achieve this and maintain high performance. Every team is different and there are many factors that influence how a team performs over time. This informative, engaging and practical workshop will equip managers to create and manage a high-performing team, taking them to peak performance.

Learning objectives

- Be able to describe the characteristics and qualities of peak performance teams
- Recognise the challenges and barriers to effective teamwork
- Have increased understanding of team dynamics and stages of team development
- Understand how to encourage a team to work together as a cohesive unit
- Know how to give effective direction by translating business goals into team objectives

Webinar overview

9.00 Welcome, agenda, the characteristics of peak performance teams

Welcome, introduction to the system, agenda and personal objectives using 'chat'. Introduction to the key characteristics of peak performing teams.

9.20 Building teams

Introduction to Bruce Tuckman's team formation model. Diagnosis of where their team is within the formation, and which characteristics run true in their teams and which need development.

9.40 Barriers to building peak performance with a team

Challenges and barriers to peak performance. Introduction to The Ringlemann Effect and how grouping smaller teams affects higher performance. Pairs 'chat' discussion on overcoming the barriers, followed by group share and discussion with tips shared.

10.00 Encouraging team participation

Tips for encouraging teams to work together. Group 'chat' sharing pointers and actions participants will take to get their teams working more cohesively.

10.15 Respecting cultural differences in team performance management

A brief look at cultural differences and challenges in relation to building high performing teams.

10.20 Action plans and next steps

Participants reflect on their next steps and how they will implement their learning in the workplace. Each person makes a commitment for what they will do differently in a group whiteboard which can be circulated to participants following the session as a reminder of their actions.

10.30 Close